ABA MASTERCLASS

Introduction to Real Solutions for Lasting Behavior Change



FAQ

1. What is ABA (Applied Behavior Analysis)?

ABA (Applied Behavior Analysis) is a proven, science-based approach used to understand and improve behaviors. It focuses on how behaviors are learned and modified through positive strategies. ABA can teach new skills, reduce challenging behaviors, and improve communication, social skills, and daily living. It's effective for children with autism and anyone facing behavioral challenges.

2. What is a BCBA (Board Certified Behavior Analyst)?

A BCBA is a professional certified in ABA. They have undergone extensive training in the science of behavior and passed a rigorous exam. BCBAs design and oversee behavior intervention plans and work directly with children and families to apply evidence-based strategies. They're experts at understanding behavior and creating plans that promote positive change.

3. Who should attend this master class?

This master class is for any parent or caregiver who wants to better understand and manage their child's behavior—whether it's tantrums, routine challenges, or social struggles. It's not just for parents of children with autism; if you're facing any behavioral challenges, this class will give you practical, science-backed tools to help. Teachers, caregivers, and anyone involved in supporting a child's growth will also benefit.

4. Can all children and families benefit from this master class?

Yes! This master class is for any family facing behavioral challenges—whether it's difficulty with transitions, tantrums, or communication. The strategies you'll learn work for children with a range of needs, including autism, ADHD, and other behavioral challenges. The tools are practical, adaptable, and effective in various situations, benefiting any family seeking to better manage behavior.



5. How will this master class help me with my child's behavior, and what types of behaviors will it address?

This master class will help you understand why your child behaves the way they do and give you practical strategies to address challenging behaviors. You'll learn how to identify causes, prevent problems, and respond effectively when challenges arise. The class addresses a wide range of behaviors, including tantrums, difficulties with transitions, communication struggles, and attention-seeking behaviors. Leave with immediate, practical tools to apply at home.

6. How is this master class different from other behavior management programs?

This master class stands out because it's rooted in ABA, the most effective, research-backed approach to changing behavior. Unlike other programs that only provide strategies or advice, this class offers actionable, science-based tools that parents can use every day. You'll learn how to understand the underlying causes of behavior, prevent issues, and respond effectively—all while strengthening your relationship with your child. This is not just theory; it's about helping you make real change at home.

7. Is this master class covered by insurance?

Yes! TakeCare and NetCare Members can rely on their medical insurance to pay for this MasterClass. Pre-authorization will be necessary. Please work with your instructor, Lola Plucer-Rosario to get approvals. We are also working on the other local insurances.

8. Are you also offering ongoing services in addition to the master class?

Yes! We are excited to offer ongoing services for self-pay and insured patients. These services include individualized consultations, behavior plans, follow-up support, and direct therapy services to help ensure lasting change and success for your child and family. Whether you need help refining your strategies, troubleshooting challenges, or creating a more detailed action plan, we're here to support you every step of the way.

